

Health Home RFP

The purpose of the Request for Proposal (RFP) is to identify and select behavioral health providers to deliver Health Home (HH) services statewide for adults with serious mental illness (SMI) and children with serious emotional disturbance (SED). HHs will deliver services through a multidisciplinary team of physical and behavioral health care professionals.

In the RFP, section D.1.2.6, Applicant will document a functioning electronic health record system (maximum of 3 pages) that meets **CMS EHR Incentive Program** or that will meet within 18 months of contract award. Bidder will document a plan to work with Health Information Organizations or through the Direct project to access patient data and develop partnerships that maximize the use of HIT across providers. (Direct is a secure messaging service that allows health care providers to share referrals, continuity of care documents, lab results, and other health information through a secure email system)

Clyde Wafford, President of OrionNet Systems has began the implementation for ThinkHealth, an OrionNet Systems product, is considered to becoming an EHR and has the capability of sharing data. In order to further assist our customers, OrionNet Systems is committed to becoming an EHR ONC certified software application. We are working towards that process. We started working on the process and have more than half of the needed modules for certification completed. It is our goal to complete the process between the end of 2015 and first of 2016.

[More Information](#)

Reduced depression risk among the physically active

It is estimated that around 1 in 10 adults in the US report some form of depression. But a new study published in *JAMA Psychiatry* suggests that symptoms of depression could be prevented or reduced by engaging in physical activity three times a week.

"Most studies have been cross-sectional, from which the direction of the relationship cannot be disentangled, and from the few prospective studies, findings have been inconsistent," the researchers explain

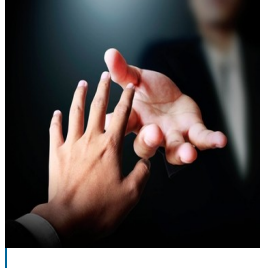
[More Information](#)

Mental Health Help

Mental health news, views and information

It is a commonly-known statistic that one in four people will experience a mental health problem at some point in their life. But for some, figuring out how to get the right sort of help can be confusing and disconcerting. There are several different ways that mental health problems can be managed, and finding out what's best for you is important.

If you start to feel that you may be experiencing thoughts, feelings or behaviors that are symptomatic with any mental health problem, or you notice a prolonged change in your mood, it is important to seek help as soon as possible.



The first step is to see your GP and explain your symptoms as clearly as possible. You could perhaps take a diary to the appointment that briefly explains how you have been feeling, both mentally and physically, over the past week or so, in order to give your doctor a better indication of what is wrong. You may be sent for tests to determine whether your symptoms have an underlying cause

[More Information](#)

MARK YOUR CALENDAR

November 4
[Tribal Consultation day Meeting OCHA](#)

November 6
[State Plan Amendment Rate Committee \(SPARC\) Public Hearing](#)

November 6-7
[Wraparound 101 Tulsa](#)

November 11
[Veterans day](#)

November 12
[Drug Utilization Review Board Meeting - OHCA](#)

November 13
[OHCA Board Meeting OHCA](#)

November 13-14
[CAMS Role Play Training: Tulsa](#)
[Continuing the MI journey OKC](#)

November 14
[Family Support Provider \(FSP\) Training: Tulsa](#)

November 17
[ASAM Training](#)
[RBSS Training of Trainers \(New Trainers\)](#)

November 18
[Fall Members Meeting](#)

November 20
[Medical Advisory Committee Meeting OHCA](#)

November 27
[Thanksgiving Day](#)

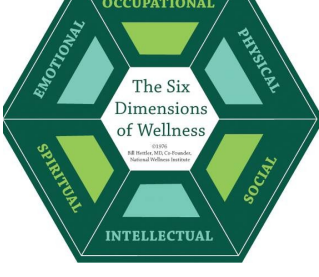


NOVEMBER is ...

- American Diabetes Month
- Epilepsy Awareness Month
- National Caregivers Month
- Stomach Cancer Awareness Month
- National Healthy Skin Awareness Month
- National Alzheimer's Disease Awareness Month



Trying to Test for Psychosis Risk	How to calm your brain and find peace during a busy day
<p>Most people think of the onset of psychosis as sudden, but there are often warning signs that precede an episode. Knowing what to look for provides the best opportunity for early intervention. Diagnosing psychosis—defined as a break from reality often in the form of hallucinations and/or delusions—is a complicated process, often requiring an extensive search of medical and family history, along with a physical examination to rule out physical causes such as epilepsy or drugs.</p> <p>More Information</p>	<p>The positive power of meditation has made the news once again. Research from Carnegie Mellon University states that practicing mindfulness meditation for 25 minutes per session for three consecutive days can alleviate psychological stress. An analysis of previous studies compiled earlier this year showed this type of meditation—which involves paying attention to your surroundings while concentrating on your breathing—to be “moderately” effective in battling depression, anxiety and pain.</p> <p>More Information</p>

The Six Dimensions of Wellness	Behavioral Health Billable Hours
<p>Developed by Dr. Bill Hettler, co-founder of the National Wellness Institute (NWI), this interdependent model, commonly referred to as the Six Dimensions of Wellness, provides the categories from which NWI derives its resources and Services.</p>  <p>More Information</p>	<p>Behavioral Health Billable Hours — rules have been revised to limit the number of hours that outpatient behavioral health rendering providers can be reimbursed (to Medicaid and ODMHSAS) to 35 hours per week. This rule does not affect limitations on other payer sources. This webinar will describe which billing codes are included and excluded, describe how group hours are calculated and inform on the recoupment cycle. This webinar will also inform the participant how the rolling four week 35 hour average will work. Although the rule will only impact about eight percent of individuals providing behavioral health services in Oklahoma, all providers are encouraged to attend. If you cannot make one of the trainings, the materials will be posted to the same website below after the conclusion of the trainings.</p> <p>More Information</p>

Mental Health First Aid
<p>Assess risk of suicide or harm</p> <p>Listen non-judgmental</p> <p>Give reassurance and information</p> <p>Encourage the person to get appropriate professional help</p> <p>Encourage self-help and other support strategies from peers, family members, and friends</p> <p>More information</p>

September 9 - November 30
SoonerCare Choice and Insure Oklahoma Application for Extension 2016 - 2018

PROVIDE FEEDBACK

We need your help!

[Click here for additional information.](#)

BEHAVIORAL HEALTHCARE

THE BUSINESS OF TREATMENT AND RECOVERY

10 ADDICTION PROFESSIONAL

DRIVING CLINICAL EXCELLENCE

Substance Abuse and Mental Health Services Administration

SAMHSA



nami

National Alliance on Mental Illness



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